

Crispy Tofu Buddha Bowl

Asian Fusion · Main Course · Easy · 30 min total · Serves 4

Reliable weeknight crispy tofu buddha bowl with balanced flavors.

Ingredients

- 1 tbsp tofu
- 2 cup rice
- 3 tbsp edamame
- 1 cup carrots
- 2 tbsp peanut sauce
- 3 cup cucumber

Method

1. Prep ingredients.
2. Cook main protein or base.
3. Combine with aromatics and sauce.
4. Season and serve.

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