

# Poke Bowl with Tuna

*Hawaiian · Main Course · Easy · 30 min total · Serves 4*

Reliable weeknight poke bowl with tuna with balanced flavors.

## Ingredients

- 1 tbsp sushi-grade tuna
- 2 cup rice
- 3 tbsp soy sauce
- 1 cup sesame oil
- 2 tbsp avocado
- 3 cup edamame

## Method

1. Prep ingredients.
2. Cook main protein or base.
3. Combine with aromatics and sauce.
4. Season and serve.

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