

Miso Glazed Eggplant

Japanese · Side Dish · Easy · 30 min total · Serves 4

Reliable weeknight miso glazed eggplant with balanced flavors.

Ingredients

- 1 tbsp Japanese eggplant
- 2 cup miso paste
- 3 tbsp mirin
- 1 cup sugar
- 2 tbsp sesame seeds
- 3 cup ginger

Method

1. Prep ingredients.
2. Cook main protein or base.
3. Combine with aromatics and sauce.
4. Season and serve.

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