

Spinach Dal

Indian · Main Course · Easy · 30 min total · Serves 4

Reliable weeknight spinach dal with balanced flavors.

Ingredients

- 1 tbsp red lentils
- 2 cup spinach
- 3 tbsp turmeric
- 1 cup cumin
- 2 tbsp garlic
- 3 cup ginger

Method

1. Prep ingredients.
2. Cook main protein or base.
3. Combine with aromatics and sauce.
4. Season and serve.

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