

Vegetable Stir Fry

Chinese · Main Course · Easy · 20 min total · Serves 4

Fast mixed vegetable stir fry with ginger-garlic sauce over rice.

Ingredients

- 2 cups broccoli (florets)
- 2 bell peppers (sliced)
- 1 cup snap peas
- 1 cup carrots (julienned)
- 3 cloves garlic
- 1 tbsp ginger
- 3 tbsp soy sauce
- 1 tbsp oyster sauce
- 3 cups rice (cooked)

Method

1. Stir-fry hard vegetables first 3 min.
2. Add soft vegetables.
3. Add sauces, toss 2 min. Serve over rice.

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