

Hummus

Middle Eastern · Appetizer · Easy · 5 min total · Serves 6

Silky smooth chickpea and tahini dip with lemon and garlic.

Ingredients

- 1 can chickpeas (15 oz, drained)
- 3 tbsp tahini
- 3 tbsp lemon juice
- 1 clove garlic
- 3 tbsp olive oil
- 0.5 tsp salt
- 3 tbsp ice water
- 0.5 tsp paprika (for garnish)

Method

1. Blend chickpeas, tahini, lemon, garlic, salt in processor.
2. Stream in ice water and oil while blending until smooth and creamy.
3. Season, garnish with paprika and olive oil.

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