

Horchata

Mexican · Beverage · Easy · 10 min total · Serves 6

Refreshing rice drink with cinnamon and vanilla, served ice cold.

Ingredients

- 0.75 cup white rice
- 4 cups water (divided)
- 1 stick cinnamon
- 1 tsp vanilla
- 0.33 cup sugar
- 1 cup milk (optional)

Method

1. Blend rice with 2 cups water until pulverized.
2. Add cinnamon, vanilla, remaining water. Blend again.
3. Refrigerate 4+ hours.
4. Strain, stir in sugar and milk if using. Serve over ice.

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