

Mango Lassi

Indian · Beverage · Easy · 5 min total · Serves 2

Creamy, refreshing Indian mango-yogurt drink — sweet, tangy, and perfectly cooling.

Ingredients

- 1 large ripe mango (peeled cubed)
- 1 cup plain yogurt
- 0.5 cup cold milk
- 2 tbsp sugar (or to taste)
- 0.25 tsp cardamom powder
- 4 ice cubes (optional)

Method

1. Blend all ingredients until smooth and frothy.
2. Pour into glasses. Top with a pinch of cardamom. Serve immediately.

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